

The Practice

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Our Practice

Succeed Physical Therapy & Wellness is a privately owned physical practice serving the East Valley. Succeed PT is a state-of-the art facility offering a broad range of physical therapy services and the latest clinical options.

We are a clinically driven practice and we pride ourselves in the delivery of quality service to our clients. We believe that it is our privilege to participate in your health and wellness care and it is our responsibility to give you the quality service and the expertise you expect.

To keep up with the latest research, training and advanced techniques, our professional staff is actively involved in ongoing continuing education and personal development & growth. Our Board Certified Physical Therapists are always available to help with orthopedic, sports related, post-operative, and function limiting rehabilitation.

Working with our professional staff in a caring environment will not only assist in returning the client back to a normal lifestyle, it will also be an enjoyable experience.

Professional personal care is the number one priority of Succeed Physical Therapy & Wellness.

Our Staff

J. James Bodine (Jim) PT, OCS

Jim, a Mesa native, graduated in 1985 from the University of Utah with a degree in Physical Therapy. He has been a licensed Physical Therapist for 30 years. He is a Board Certified Clinical Specialist in Orthopedic Physical Therapy. His interests and specialties are in shoulder and knee rehabilitation as well as other sports and orthopedic injury prevention and rehab which has led him to work with several of the area high school baseball and football programs over the years. Jim is a Certified Graston practitioner and has undergone extensive continuing education in and become proficient with dry needling.

Sherry Shay

Sherry is a graduate of Arizona State University. Sherry began working in the physical therapy field in 1986 and brings extensive knowledge and experience when working with clients and their insurance providers. She enjoys being able to work directly with our clients in her role as office manager and will go to extremes to make your experience a positive one.

William Kentopp (Bill) PT, DPT, MTC

Bill received both his Masters Degree and Doctor of Physical Therapy from the University of St. Augustine for Health Sciences in St. Augustine, FL and has been a practicing PT for nearly 20 years. He is also a Certified Manual Therapist and a Graston provider. His interest are in treating the spine and its involvement in contributing to dysfunction throughout the entire system with special interest in the cervical cranial

region, SIJ dysfunction, and injury prevention. Prior to coming to work for Succeed Physical Therapy his experiences have been in Director positions at other clinics and owning/managing an independent PT contracting business.

Tyrell Lindsley (T)

T graduated from Apollo College in the summer of 2006 as a Certified Physical Therapy Technician. After working in the field for 8 years he is now pursuing his DPT to become a full time Physical Therapist. In T's own words "PT has gone from a good friend to the love of my life." His passion for the field carries over into the care that he provides the patients and how well he is liked by them all.

Clinic News:

Succeed Physical Therapy becomes reality.

After years of dreaming, discussing, & planning Succeed Physical Therapy & Wellness have opened their doors. Jim Bodine and Bill Kentopp have worked together in the physical therapy industry for most of 25 years. They each bring to the clinic their own specialties and differing areas of interest but their philosophy that the patient comes first does not differ. Take some time if you have not yet done so to stop in and say hi to Jim, Bill, and the staff. If you are a former client they will be happy to see you again and if not they will be very pleased to meet you.

Pre-injury assessments available

Succeed Physical Therapy offers pre-injury assessments. Whether you are getting ready to start a wellness/exercise program or you have been involved in one for a while we can do a thorough evaluation to determine imbalances in your musculoskeletal and neuromuscular systems and offer professional advice on activities to correct before it becomes a problem. Call or email today for pricing and available appointment times.

Complimentary Assesments available.

If you have a friend or family member who is having pain and not sure where to turn we may be able to help.

Ask at the front desk for a complimentary evaluation pass and get them moving toward a pain free life.